

January 16th, 2025

To: Senator Mark Warner, Senator Tim Kaine, Representative John McGuire

Subject: Support for H.R. 3312/S.1602, the Moms Matter Act

I hope this letter finds you well. I am writing to you both as a concerned constituent and a licensed professional counselor working with maternal mental health. As a mother of two who has personally navigated the challenges of postpartum depression and anxiety, I am deeply invested in improving the mental health care available to mothers, especially those from underserved communities and women of color.

I urge you to consider cosponsoring H.R. 3312/S.1602, the Moms Matter Act, which is a pivotal piece of legislation that directly addresses the growing maternal mental health crisis in our country. This bill focuses on expanding access to culturally responsive mental health services for pregnant and postpartum women, funding community-based programs to reduce disparities in maternal mental health care, and improving the integration of mental health services with primary care to ensure timely, effective support for mothers.

As you may know, maternal mental health conditions—such as postpartum depression and anxiety—affect thousands of women each year. Unfortunately, these conditions are often left undiagnosed and untreated, particularly in communities that face barriers to accessing necessary resources and care. The Moms Matter Act seeks to remedy this gap by ensuring that mothers, particularly those in underserved populations, have access to the comprehensive care they need to thrive.

By supporting the Moms Matter Act, Congress has an opportunity to make a lasting impact on maternal health outcomes, reduce health disparities, and ensure that every mother has the care and support she deserves. I respectfully ask for your endorsement and support in advancing this critical legislation.

Thank you for your time and consideration of this important issue. I greatly appreciate your continued commitment to improving both maternal and mental health in our country.

Sincerely,

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