

CURRICULUM VITAE

NICOLE TAYLOR

Licensed Professional Counselor

Lynchburg, Virginia

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EDUCATION

- ◆ PhD in Counselor Education and Supervision (CACREP Accredited) *Est. Spring 2026*
Liberty University

Research focus on religious trauma and preparing supervisees for treating through therapy while managing ethical concerns and burnout.

- ◆ EdS in Community Care and Counseling: Traumatology *December 2022*
Liberty University

Graduated with high distinction with a research focus on religious trauma in the LGBTQ+ community.

Completed this program with all but dissertation to enter the PhD program in Counselor Education and Supervision.

- ◆ MA in Clinical Mental Health Counseling (CACREP Accredited) *June 2015*
Liberty University

- ◆ BA in Psychology *December 2012*
Virginia Commonwealth University & Liberty University

- ◆ BA in Criminal Justice *December 2017*
Virginia Commonwealth University & Liberty University

LICENSURE AND CERTIFICATION

- ◆ Licensed Professional Counselor (Virginia #0701007716) *June 2018*
Approved Supervisor with the Virginia Board of Counseling *September 2023*

- ◆ Component Based Psychotherapy *October 2024*
Richmont Graduate University

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PROFESSIONAL ASSOCIATIONS

- ◆ American Counseling Association (ACA)
 - Association for Counselor Education and Supervision (ACES)*
 - Southern Association for Counselor Education and Supervision (SACES)*
 - Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE)*
- ◆ Virginia Counseling Association (VCA)
 - Lynchburg Area Counselors Association (LACA)*
 - Virginia Association for Counselor Education and Supervision (VACES)*
 - Virginia Association of LGBT Issues in Counseling (VA-ALGBTIC)*
 - Virginia Counselors for Social Justice (VACSJ)*
- ◆ Chi Sigma Iota (CSI)
 - Rho Eta Sigma Chapter*

PROFESSIONAL EXPERIENCE

CLINICAL

- ◆ **Taylorred Counseling Services** *December 2020 to Present*
 - Virtual and in-person individual counseling for ages 13+, including intake, evaluation, referral, diagnosis, treatment planning, case management, and record keeping.*
- ◆ **Wyndhurst Counseling Services** *March 2021 to December 2024*
 - Virtual and in-person individual counseling for ages 13+, including intake, evaluation, referral, diagnosis, treatment planning, case management, and record keeping.*
- ◆ **BetterHelp** *October 2020 to August 2022*
 - Virtual individual counseling for ages 13+, including intake, evaluation, diagnosis, referral, treatment planning, case management, and record keeping.*
- ◆ **Family Preservation Services** *August 2018 to October 2020*
 - Supervisor for 8 community-based service programs including intensive in home, mental health skill building, crisis, parenting, and virtual residential programs. Supervised up to ten staff for both administrative and clinical work.*
- ◆ **Anderson Counseling Services** *June 2017 to July 2018*
 - Supervisor for mental health skill building services and grew the program to increase billing and incoming referrals. Supervised four to six employees and provided direct care to clients with serious mental illness.*
- ◆ **Horizon Behavioral Health** *October 2012 to June 2017*
 - Experience with inpatient crisis stabilization and detox for adults as well as emergency response and evaluations to local jails and hospitals. Provided short-term crisis counseling, group therapy, and individual counseling.*

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SUPERVISION

- ◆ **Clinical Supervision** *June 2017 to Present*
*Individual supervision with QMHP level or higher counselors, students, and interns.
Provided training on various topics including documentation standards, crisis response,
treatment planning, and counseling interventions.*
- ◆ **Group Supervision**
 - ◆ **CMHC 505: Counseling Techniques & Helping Relationship** *Summer 2023*
 - ◆ **CMHC 512: Group Counseling** *Fall 2023*
 - ◆ **CMHC 692: Practicum** *Summer 2024*
- ◆ **Faculty Supervision**
 - ◆ **CMHC 692: Practicum** *Summer 2024*

TEACHING

- ◆ **CMHC 512 – Group Counseling**
Guest lecturer: Managing Conflict in Group Work (October 18, 2023; Virtual)
- ◆ **CMHC 692 – Practicum**
*Supported Dr. Stacey Lilley during her practicum class by providing lectures to students
and faculty supervision to a group of 6 students.*

SERVICE/LEADERSHIP

- ◆ **Chi Sigma Iota – Rho Eta Sigma Treasurer** *February 2025 – Present*
*Served as treasurer for this chapter and worked with other leadership to help the chapter
become more active.*
- ◆ **American Foundation for Suicide Prevention** *August 2024 – Present*
*Volunteer advocate for AFSP, fundraising for and participating in local Out of the
Darkness Walks and a Legislative Action Day in Richmond, VA.*
- ◆ **Blue Ridge Montessori School – Lynchburg, Virginia**
Wellness: The Balance of Self-Care and Boundaries *August 2023*
- ◆ **Mercy Multiplied – West Monroe, Louisiana** *Summer 2011*
*Over 200 hours of internship experience in a residential home providing Christian
counseling to young women with eating disorders, self-harm, substance use, and teen
pregnancy.*
- ◆ **Carver Promise – Richmond, Virginia** *Fall 2008*
Mentor for elementary students in the third through fifth grade.

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SCHOLARSHIP

RESEARCH

◆ **Research Interests**

Religious Trauma

Religious trauma is considered a form of betrayal trauma and includes any act of coercion and power to discrimination and/or control an individual.

Counseling Supervision

◆ **Research Team Member**

In Progress

Counselors in Training working with Religious Trauma – Qualitative Study

CACREP Mentorship Program – Qualitative study

EMT and Mental Health – Qualitative study

Shame, Religion, and Mental Health – Quantitative Study

In Review

COUC 860 – Developing a Counseling Conference Proposal

COUC 750 – Medical School Equine Study

◆ **Proposal Reviewer**

ACES – March 2025

VACES – January 2025

Liberty University Mental Health Summit – October 2024

SACES – June 2024

Central Virginia Counselor Development Symposium – June 2024

PRESENTATIONS

Daggy, J., & Taylor, N. (2025, April 25). Giving a face to your action [Invited Presenter]. World Creativity and Innovation Day, Virtual.

Taylor, N., & Daggy, J. (2025, March 27-29). Religious trauma and counselor burnout: A component-based approach to supervision [Roundtable]. American Counseling Association 2025 Conference, Orlando, FL.

Daggy, J., & Taylor, N. (2025, March 27-29). Emergency medical technicians: The battle for mental health [Roundtable]. American Counseling Association 2025 Conference, Orlando, FL.

Taylor, N., & Daggy, J. (2024, November 15). Revitalizing the spirit: Enhancing supervision through religious exploration in the sand [Presentation]. Association of Creativity in Counseling, Virtual.

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York, J., & **Taylor, N.** (2024, November 8). *A balancing act: Addressing the complexities of working mothers in CACREP programs [Roundtable]*. Southern Association for Counselor Education and Supervision 2024 Conference, Dallas, Texas.

Taylor, N. (2024, October 4). *Let's unpack this: Supervising religious counselors working with religious trauma [Presentation]*. Central Virginia Counselor Development Symposium, Virtual.

Taylor, N. (2024, October 4-5). *Supervising cases of religious trauma in the LGBTGEQIAP+ community: A component-based approach to supervision [Pre-Conference Training]*. Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE) 2024 Conference: Elevating Advocacy, Golden, CO.

Smith, M., Parker, D., & **Taylor, N.** (2024, April 27). *Immersive healing: Reshaping the contours of therapeutic training [Presentation]*. Chi Sigma Iota Pennsylvania Statewide Conference, Slippery Rock, PA.

Taylor, N. (2024, April 15). *Let's Unpack This: Supervising Religious Counselors Working with Religious Trauma*. Liberty University Research Week. Lynchburg, VA, United States.

Maupin, N. (2013, February 23). *Improving Counselor Burnout in relation to Borderline Personality Disorder (BPD) using Systematic Training for Emotional Predictability and Problem Solving (STEPPS)*. VACES Graduate Student Conference. Harrisonburg, VA, United States.

PUBLICATIONS

Edwards, N. N., Bohecker, L., Nelson, C., Wilson, C., Ansell, L., Bowman, K., Hagwood, I., Vaile, C. S., Daggy, J. W., **Taylor, N. M.**, Alvey, L. M. *Counseling conference presentations: From concept to proposal. (submitted for review)*

Chamberlin, B., Ford, K., **Taylor, N.**, Conley, C. (2024). *Religious trauma*. In K. Burton, R. Simmons, & B. Chamberlin (Eds.), *Crisis and Trauma: Strategies for Resilience and Recovery* (1st ed.). Kendall Hunt Publishing.

LEARNING RESOURCES

Hannor-Walker, T., Bohecker, L., & King, J. (2024) *Marriage and family: God's design. [PowerPoint development]*. Kendall Hunt Publishing.

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REFERENCES

- ◆ Dr. Stacey Lilley
Core Faculty, Counselor Education & Family Studies
Liberty University
slilley@liberty.edu
- ◆ Dr. Kristy Ford
Director, Ph.D. in Counselor Education & Supervision
Liberty University
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- ◆ Dr. Shannon Warden
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- ◆ Dr. Fredrick Volk
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- ◆ Jennifer Bondurant
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