

Online · School of Behavioral Sciences · Counselor Education & Family Studies

# **Advanced Theory Application and Orientation**

**COUC-715** 

Fall J 2022 Section 360 08/22/2022 to 12/16/2022 Modified 08/25/2022

## Course Description

During this first course in the Ph.D. CES Program, students examine existing and emerging theories of counseling to increase their understanding of ethical and effective assessment and intervention within the therapeutic environment. The student will be able to critically analyze, evaluate, and synthesize a broad range of counseling theories, with an advanced understanding of psychopathology, to inform case conceptualization and deliver and evaluate evidence-based interventions across diverse populations and settings (CACREP Standard: 6.B.1 Counseling). Students will also explore the relation of these competencies to counselor education (CACREP Standards: 6.B.3 Teaching), research and scholarship (CACREP Standards: 6.B.4 Research and Scholarship), and leadership and advocacy (CACREP Standards: 6.B.5 Leadership and Advocacy). As the preliminary course, it also provides a thorough orientation to the Ph.D. CES Program. Note: Must be enrolled in the following program: Doctor of Philosophy in Counselor Education and Supervision.

## Rationale

As a basis for their work, counselors and counselor educators must have an advanced understanding of counseling theories and their relevance for guiding the therapeutic process. In addition to understanding core theoretical principles, counselors and counselor educators need to appreciate contributions from various theoretical approaches to the actual practice of counseling. This understanding serves to heighten competence in formulating effectual treatment strategies and in aiding in the delivery of ethical and effective treatment.

**Method of Instruction:** This semester-long course is delivered using a digital synchronous intensive format. Students attend 36-40 hours of video-based instruction using a virtual platform. In addition to the one week of synchronous class time, students are expected to complete additional work online both pre and post intensive over the duration of this course.

## **III** Course Learning Outcomes

Upon completion of this course, students will demonstrate required knowledge, behavioral, and professional development objectives pertaining to advanced clinical practice with diverse populations. Students will be able to do the following:

- A. Conduct a scholarly examination of theories relevant to counseling.
- B. Integrate theories relevant to counseling.
- C. Demonstrate the ability to conceptualize clients from multiple theoretical perspectives.
- D. Demonstrate the ability to critically analyze and apply evidence-based counseling practices.
- E. Exhibit the ability to evaluate counseling effectiveness.
- F. Exhibit the ability to provide ethical and culturally relevant counseling in multiple settings.
- G. Gain professional writing skills related to manuscript preparation and presentations on applied theory related topics.
- H. Critically analyze and synthesize course content from a biblical worldview.

- Illustrate and synthesize the insights and contributions from this course into a comprehensive, ethical, and effective bio-psycho-social-spiritual model of counseling that is rooted in best practice principles.
- J. Critically analyze and synthesize course content from a biblical worldview.
- K. Develop a comprehensive, ethical, and effective bio-psycho-social-spiritual model of counseling that reflects best practices.

## **Doctoral Key Performance Indicator Matrix Assignments**

Key Performance Indicator	Evidence: Course/Learning Experience
Counseling (DOC 6.B.1) Students will demonstrate the ability to critically evaluate and apply counseling theories across diverse populations and settings (Measures PLO #4)	Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment

#### **Student Learning Outcomes**

CACREP Counselor Education & Supervision Standards	Evidence: Course/Learning Experience
6.B.1 Counseling	
B.1.a. Scholarly examination of theories relevant to counseling	Reflective Paper Assignment  Reading, Reflection, Critical Analysis and Synthesis Paper Assignment  Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment
B.1.b. Integration of theories relevant to counseling	Reflective Paper Assignment  Reading, Reflection, Critical Analysis and Synthesis Paper Assignment  Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment
B.1.c. Conceptualization of clients from multiple theoretical perspectives	Reflective Paper Assignment  Reading, Reflection, Critical Analysis and Synthesis Paper Assignment  Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment

B.1.d. Evidence-based counseling practices.	Reflective Paper Assignment  Reading, Reflection, Critical Analysis and Synthesis Paper Assignment  Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment
B.1.e. Methods for evaluating counseling effectiveness.	Reflective Paper Assignment  Reading, Reflection, Critical Analysis and Synthesis Paper Assignment  Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment
B.1.f. Ethical and culturally relevant counseling in multiple settings.	Reflective Paper Assignment  Reading, Reflection, Critical Analysis and Synthesis Paper Assignment  Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment
6.B.3 Teaching	
B.3.a. Roles and responsibilities related to educating counselors	Reading, Reflection, Critical Analysis and Synthesis Paper Assignment
6.B.4 Research and Scholarship	
B.4.h. Professional writing for journal and newsletter publication	Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment
6.B.5 Leadership and Advocacy	
B.5.b. Leadership and leadership development in professional organizations	Reading, Reflection, Critical Analysis and Synthesis Paper Assignment
B.5.j. Models and competencies for advocating for clients at the individual, system, and policy levels	Reflective Paper Assignment

## **E** Course Resources

American Counseling Association Code of Ethics (2014). Download from:

http://www.counseling.org/knowledge-center/ethics

American Counseling Association Competencies (2015). Download PDF

Versions of the eleven competencies from:

http://www.counseling.org/knowledge-center/competencies

Antony, Martin M. & Barlow, David H. (2020). Handbook of Assessment and Treatment Planning for Psychological Disorders (3rd ed.) ISBN13: 978-1-4625-4488-2

Dailey, S., Gill, C. Karl, S., & Minton, C. (2014). DSM-5 learning companion for counselors. Arlington VA: American Counseling Association. ISBN 978-1-55620-341-1

Drawing pad and set of colored pencils, crayons or markers that you like. Don't forget these!

Disclaimer: The above resources provide information consistent with that required by state licensing boards in the class subject area. Liberty University does not necessarily endorse specific religious, philosophical, or political positions found in these resources.

#### Additional Materials for Learning

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Canvas <u>recommended browsers</u> (https://community.canvaslms.com/t5/Canvas-Basics-Guide/What-are-the-browser-and-computer-requirements-for-Canvas/ta-p/66)
- D. Microsoft Word

## **≅** Course Assignments

### **Course Requirements Checklist**

After reading the Course Syllabus and <u>Student Expectations (https://www.liberty.edu/institutional-effectiveness/student-expectations/)</u>, the student will complete the related checklist found in the Course Resources.

# Advising Acknowledgement Quiz Reflective Paper Assignment

For this synthesizing paper, create a scholarly document that answers each of the questions listed on the **Reflective Paper Template**. Your paper must include citations from the conceptual and empirical literature to support your model and practices (see tutorials on the Jerry Falwell Library website if you are not familiar with how to download journal articles from the library databases). Your paper must include at least three references to ACA journal articles (journals are listed on the ACA website) as well as references to other journal articles and primary scholarly sources. (CLO: A, C, D, E, F, G).

### Reading, Reflection, Critical Analysis and Synthesis Paper Assignment

As expert clinical mental health counselors it is imperative that we thoroughly understand the DSM-5 and are aware of best practices for effectively treating DSM-5 conditions. To help ensure that you have a comprehensive knowledge of the DSM-5 from a counselor professional identity perspective and you are aware of best practices in the areas of treatment you most engage in, complete this reading, reflection, critical analysis, and synthesis paper. (CLO: B, D, F, G).

# Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment

This scholarly paper is designed to prepare you for the Applied Theory section of the Qualifying Examination when you will be asked to present your theoretical model of ethical and effective assessment, diagnosis, case conceptualization, treatment

planning, treatment, treatment outcomes assessment and aftercare planning and apply it to a DSM-5 condition in the context of a case study. To ensure appropriate scholarship, carefully follow the Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Template, Assignment Instructions, and Grading Rubric of this Benchmark Capstone Project.

(CLO: A-K)

### **Professionalism and Participation Assignment**

Students will participate in a variety of exercises, activities, and group projects designed to help them master the course objectives. The Participation and Professionalism Assignment grade will reflect participation and professionalism throughout the term.

## Course Grading

Course Requirements Checklist	10
Professional and Participation Assignment	140
Reflective Paper Assignment	250
Reading, Reflection, Critical Analysis, and Synthesis Paper Assignment	250
Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment	350
Total	1010



### **Late Assignment Policy**

Course Assignments, including discussions, exams, and other graded assignments, should be submitted on time.

If the student is unable to complete an assignment on time, then he or she must contact the instructor immediately by email.

Assignments that are submitted after the due date without prior approval from the instructor will receive the following deductions:

- 1. Late assignments submitted within one week after the due date will receive up to a 10% deduction.
- 2. Assignments submitted more than one week and less than 2 weeks late will receive up to a 20% deduction.
- 3. Assignments submitted two weeks late or after the final date of the course will not be accepted outside of special circumstances (e.g. death in the family, significant personal health issues), which will be reviewed on a case-by-case basis by the instructor.
- 4. Group projects, including group discussion threads and/or replies, and assignments will not be accepted after the due date outside of special circumstances (e.g. death in the family, significant personal health issues), which will be reviewed on a case-by-case basis by the instructor.

### **Disability Assistance**

Students with a disability and those with medical conditions associated with pregnancy may contact Liberty University's Online Office of Disability Accommodation Support (ODAS) at <a href="LUOODAS@liberty.edu">LUOODAS@liberty.edu</a> for accommodations. Such accommodations require appropriate documentation of your condition. For more information about ODAS and the accommodations process,

including how to request an accommodation, please visit <a href="https://www.liberty.edu/online/online-disability-accommodation-support/">https://www.liberty.edu/online/online-disability-accommodation-support/</a>). Requests for accommodations not related to disabilities or pregnancy must be directed to the Registrar's Office, which generally handles medical needs support.

If you have a complaint related to disability discrimination or an accommodation that was not provided, you may contact ODAS or the Office of Equity and Compliance by phone at (434) 592-4999 or by email at <a href="mailto:equityandcompliance@liberty.edu">equityandcompliance@liberty.edu</a>. Click to see a full copy of Liberty's <a href="mailto:Discrimination">Discrimination</a>, <a href="mailto:Harassment">Harassment</a>, and <a href="mailto:Sexual Misconduct Policy">Sexual Misconduct Policy</a>

(https://www.liberty.edu/media/1226/Liberty\_University\_Discrimination\_Harassment\_and\_Sexual\_Misconduct\_Policy.pdf) or the Student Disability Grievance Policy and Procedures

(http://www.liberty.edu/media/8021/Disability\_Grievance\_Procedures.pdf).

### **Course Attendance**

In an effort to comply with U.S. Department of Education policies, attendance is measured by physical class attendance or any submission of a required assignment within the enrollment dates of the course (such as examinations, written papers or projects, any discussion posts, etc.) or initiating any communication with one's professor regarding an academic subject. More information regarding the attendance policy (https://nam04.safelinks.protection.outlook.com/?

url=https%3A%2F%2Fwiki.os.liberty.edu%2Fdisplay%2FIE%2FOnline%2BAttendance%2Band%2BNon-

Attendance&data=02%7C01%7Caccollins2%40liberty.edu%7Cd91431fa6ac547056b5408d833029e1a%7Cbaf8218eb3024465a9934a39c97251b2%7C0%7C0%7C637315433613719138&sdata=%2BNBTsPOoXuHAPLflSQRugK7cRSuV6UyC7qD3agf3l2k%3D&reserved=0) can be found in the Academic Course Catalogs (https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.liberty.edu%2Findex.cfm%3FPID%3D791&data=02%7C01%7Caccollins2%40liberty.edu%7Cd91431fa6ac547056b5408d833029e1a%7Cbaf8218eb3024465a9934a39c97251b2%7C0%7C0%7C637315433613729132&sdata=DjjhMiRBhnF%2B2ZJUC8eBd1OdNb26S9ADukODYsilXlA%3D&reserved=0). Regular attendance in online courses is expected throughout the length of the term. Students who do not attend within the first week of a sub-term by submitting a required academic assignment (such as the Course Requirements Checklist, an examination, written paper or project, discussion post, or other academic activity) will be dropped from the course. Students who wish to re-engage in the course are encouraged to contact Academic Advising to discuss their enrollment options. Students who begin an online course, but at some point in the semester cease attending, and do not provide official notification to withdraw, will be assigned a grade of "FN" (Failure for Non-Attendance (https://nam04.safelinks.protection.outlook.com/?

url=https%3A%2F%2Fwiki.os.liberty.edu%2Fdisplay%2FIE%2FUnofficial%2BWithdrawals&data=02%7C01%7Caccollins2%40liberty.edu%7Cd91431fa6ac547056b5408d833029e1a%7Cbaf8218eb3024465a9934a39c97251b2%7C0%7C0%7C63731543361372913
2&sdata=MoMvZdPfza69InuhVHMHAVgu59ZP0Fw45xJTu9PIBrU%3D&reserved=0)). Students wishing to withdraw from courses after the official start date should familiarize themselves with the withdrawal policy.

### Add/Drop Policy

The full policy statement and procedures are published in the <u>Policy Directory</u> (<a href="https://wiki.os.liberty.edu/display/IE/Dropping+and+Adding+Online+Classes">https://wiki.os.liberty.edu/display/IE/Dropping+and+Adding+Online+Classes</a>).

### **Honor Code**

Liberty University comprises a network of students, Alumni, faculty, staff and supporters that together form a Christian community based upon the truth of the Bible. This truth defines our foundational principles, from our Doctrinal Statement to the Code of Honor. These principles irrevocably align Liberty University's operational procedures with the long tradition of university culture, which remains distinctively Christian, designed to preserve and advance truth. Our desire is to create a safe, comfortable environment within our community of learning, and we extend our academic and spiritual resources to all of our students with the goal of fostering academic maturity, spiritual growth and character development.

Communities are predicated on shared values and goals. The Code of Honor, an expression of the values from which our Doctrinal Statement was born, defines the fundamental principles by which our community exists. At the core of this code lie two essential concepts: a belief in the significance of all individuals, and a reliance on the existence of objective truth.

While we acknowledge that some may disagree with various elements of the Code of Honor, we maintain the expectation that our students will commit to respect and uphold the Code while enrolled at Liberty University.

Adherence to the principles and concepts established within facilitates the success of our students and strengthens the Liberty community.

The Code of Honor can be viewed in its entirety at <a href="http://www.liberty.edu/index.cfm?PID=19155">http://www.liberty.edu/index.cfm?PID=19155</a> (<a href="http://www.liberty.edu/index.cfm?PID=19155">http://www.liberty.edu/index.cfm?PID=19155</a>).

## **Grading Scale**

Α	Α-	B+	В	B-	C+	С	C-	D+	D	D-	F
940- 1010	920- 939	900- 919	860- 899	840- 859	820- 839	780- 819	760- 779	740- 759	700- 739	680- 699	679 and below

For courses with a Pass/NP final grade, please refer to the Course Grading section of this syllabus for the assignment requirements and/or point value required to earn a Passing final grade.

# **m** Schedule

When	Topic	Notes
Course Overview	Student Acknowledgements	Course Requirements Checklist  Advising Acknowledgement Quiz
Module 1 – Pre-Intensive	Learn	Read: 3 items  Watch: 1 item
	Apply	Reflective Paper Assignment
Module 2 - Intensive	Learn	Read: 1 item  Watch: 1 item
	Apply	Professionalism and Participation Assignment
Module 3 - Post- Intensive	Learn	Read: 4 items  Watch: 1 item
	Apply	Reading, Reflection, Critical Analysis and Synthesis Paper Assignment  Benchmark Capstone Project: Theoretical Model, Case Study, and Appendices Paper Assignment  Quiz: Dispositions Reflection